

Ladies First Provider Report

Send in within ten days of results to 802-657-4208.
Or mail to: Ladies First, Vermont Department of Health
P.O. Box 70, Burlington, VT 05402-0070

LFSC 37/2019

Patient Name _____

Date of Birth / / Date of Service / /
MM DD YYYY MM DD YYYY

Practice Name _____

Provider Name _____

Provider TEL # _____

HEART HEALTH

Height in. Weight lbs. BMI

Patient refused Unable to obtain

Blood Pressure: Two blood pressure readings are required.

First Reading: / mm/Hg

Second Reading: / mm/Hg

Patient refused Unable to obtain

>180/>110: Immediate treatment required.

Glucose & Cholesterol:

Is patient fasting for 9 hours? Yes No

Blood work:

Blood drawn on site Patient refused

Patient sent to Lab: Location _____

Results:

Glucose mg/dl or **A1C**
>375 mg/dl: Immediate treatment required.

Patient refused Unable to obtain

Lipid Profile

*Total Cholesterol mg/dl

HDL mg/dl

LDL mg/dl

Triglycerides mg/dl

***>400 mg/dl: Immediate treatment required.**

Patient refused Unable to obtain

BREAST

Clinical Breast Exam:

Does patient report breast symptoms?

(e.g. a lump, nipple discharge, skin changes)

Yes No

Findings:

Normal exam Benign finding

Discrete palpable mass (dx benign)

Discrete palpable mass (suspicious of cancer)

Bloody/serous nipple discharge

Nipple or areolar scaliness

Skin dimpling or retraction

Follow-up for abnormal finding is: _____

CBE not done today:

Not needed—previous normal CBE in past 12 months

Patient refused

Other (reason): _____

Mammogram Ordered:

Mammograms are encouraged for all women 40+.

Date Scheduled: / /

Facility: _____

Ordered mammogram for:

routine screening

further evaluation of

reported symptoms

positive clinical breast exam

previous abnormal mammogram less than a year ago

Mammogram not ordered.

Reason:

not age appropriate

went directly to other imaging; e.g. ultrasound or diagnostic work-up

had mammogram before today's visit

Date: / /

other _____

CERVICAL

Pelvic Exam:

Findings:

Within normal limits

Abnormal—not suspicious for cervical malignancy

Abnormal—suspicious for cervical malignancy

Not performed (reason): _____

Follow-up for the abnormal finding is: _____

Pap Test:

Performed routine Pap test today. Lab used: _____

Performed Pap test today as follow-up to a previous abnormal Pap.

Pap not performed because:

not due for Pap until / /

had Pap before today's Ladies First visit. Date: / /

not done, went directly to diagnostic work-up or HPV testing

Other: _____

HPV test performed. Lab used: _____