

Body Mass Index (BMI) Classification

	<u>Underweight</u>	<u>Normal Weight</u>	<u>Overweight</u>	<u>Obesity (Class 1)</u>	<u>Obesity (Class 2)</u>	<u>Extreme Obesity (Class 3)</u>
Height and Weight – BMI (kg/m²)	<18.5	18.5-24.9	25-29.9	30-34.9	35-39.9	≥40

Reference:

Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults: The Evidence Report http://www.nhlbi.nih.gov/guidelines/obesity/ob_home.htm